



The Portal



BALMORAL HALL SCHOOL

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www.balmorallhall.com

Founded in 1901

Balmoral Hall, a leading contemporary all-girls school, is committed to a tradition of academic excellence. We educate, encourage and empower our girls and young women to achieve their personal best.



The Portal, a publication of Balmoral Hall School's Advancement Office, is distributed to over 4,000 members of the BH Family — parents, alumnae, grandparents, staff, parents of alumnae, former staff and friends of the School.

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Please send your comments, articles, pictures and Crestlines news to the Advancement Office at the above address.



Jo-Ann (Antoniuk) Borger '85 with children Hayleigh (Grade 4), Alisa (Grade 2) and David (Kindergarten).

Beginning a Lifelong Adventure in Education at Balmoral Hall School.



"As an alumna, I'm just so happy that my kids can experience BH as I did. BH has been a positive experience for our family."

"The Junior School teachers have provided a warm and nurturing learning environment for our children. This has helped them become confident and successful learners."



**She Believed.
She Achieved.
She Succeeded.**

Congratulations to the following Balmoral Hall Senior 4 students for winning a Provincial or Regional award in one of Canada's toughest scholarship selection systems. We are proud of the fact that the girls finished in the top 4% of the CMSF (Canadian Merit Scholarship Foundation) national awards.

The CMSF works to identify and support well-rounded students who combine academic promise with character, leadership and a strong commitment to service in the community.



Canadian Merit Scholarship (Provincial):
Lisa Koss

Canadian Merit Scholarship (Regional):
Diana King
Sarah Murdoch

"Going the Whole Hog"

An Incredible New Facility at BH



Anne & Joan at the library dedication ceremony in December, 2003.



Grade 2 students gather around a good book in the new Stepping Stones Junior Library.

years ago. Both Mum and Lorraine Moody were passionate about books. Both combed bookstores, not only for

Director of Advancement at BH, very quickly introduced words like "architectural drawings," "cantilever", and "structural changes". My sister Anne (Sellers) Harvey '62, sister-in-law Erin Sellers and I quickly decided that, to use one of Mum's favourite expressions, "Going the whole hog" seemed appropriate. The result is the wonderful facility which is now available to the students of Balmoral Hall.

Now, Mum and Mrs. Moody did their part. We, the next generation, did ours. Now it is up to you girls to do yours - to use the library to stretch your minds, to explore the unknown, and to use the tremendous opportunities that Balmoral Hall is affording you to learn, to learn how to learn and almost equally important, to form enduring friendships."

"We must tell you how wonderful we thought the dedication was... the kids were absolutely fantastic! Wonderfully orchestrated and carried out. We love the bright, airy space. All those involved are to be commended (even Peg would have approved)."

books whose content would appeal to their beloved daughters, but whose illustrations also passed muster. To this end, after they had organized, catalogued and shelved the books, they put together a pamphlet called "Stepping Stones" which detailed age-appropriate children's books. When the idea of revamping the Junior Library first occurred, our thought was refurbishing...a new coat of paint, maybe some furniture. Ms Alto,

The spring of 2003 saw the construction of a new library for the Junior School students and staff of Balmoral Hall. Students, staff, alumnae and friends of the School joined donors Joan (Sellers) Audette '64, Anne (Sellers) Harvey '62 and Erin Sellers on the occasion of the Stepping Stones Junior Library Dedication.

"My name is Joan Audette...I was born Joan Sellers. My mother, Peg Sellers is one of the people who were instrumental in starting the first Junior Library at BH.

Today, we celebrate the opening of The Stepping Stones Junior Library, dedicated to the memory of Peg (Aikins) Sellers and Lorraine Moody. This project, that came to fruition with the help of several BH graduates; Linda (Leach) Radcliffe '63, who approached me first about doing something in Winnipeg in Mum's memory, Maryel Andison '64 and Lily (Swaffield) Cohen '64 who reminded me of the lifelong bonds that BHers share. Our mother and Lorraine Moody started working on a junior library about 47

Students in 1961 enjoying the Stepping Stones collection.



Believing...

that boys will be boys and girls will be girls but....



Dr. JoAnn Deak

The differences are there and they are indisputable, or as Dr. JoAnn Deak, internationally renowned school psychologist and educator, simply stated, "The statements about the differences in the brain are an "is" based on proven fact."

On January 22nd and 23rd, 2004 at Balmoral Hall, Dr. Deak demystified for parents and teachers the complex issues of the way our brains are wired and develop. Her evening was targeted for not only teachers but parents of children of all ages and genders. The following day provided a professional development workshop for BH teachers as well as many educators from around the province, all interested in what Dr. Deak had to say.

And what she said was very informative and educational according to all who listened to her presentation. Dr. Deak shared practical and strategic pearls to help those who work and live with girls become more effective with girls. She spoke eloquently, yet in terms that all could understand, considering she was discussing the inner workings of the brain and how they affect our learning and learning styles.



Dr. Deak with BH Head of School and Principals of Junior and Senior Schools

It is a proven fact that humans are born with 300 billion neurons which are clustered differently in everyone. Dr. Deak's research is based on gender differences and how this can affect the way we raise our boys and girls, as well as how we can provide the best teaching and learning practices for our future leaders. Learning to work with gender differences will ensure that each child can achieve academic and social success.

As educators, we have a chance every day to support, nurture, and reflect on the ways schools can be better places for girls, teenagers and women. By cultivating competence, confidence, and connections at girls' schools, we can create environments in which girls will thrive.



"This knowledgeable and often witty lady spoke to us in vocabulary that we could understand and relate to very easily as both parent and teacher. I took away with me the settling feeling that some things are just bigger than all of us and we must accommodate our children in our teaching (both as a parent and teacher) to allow for the best potential for our children and students' learning. Her warmth and genuine concern for children was most evident and I am now in the process of reading her book to try and gain more insight into how I can best raise and teach healthy, and academically successful children."

Cheryl Briggs, Nursery Teacher



"What I so enjoyed about the presentation from Dr. JoAnn Deak, was the way in which it confirmed the knowledge that I had gleaned over twenty-five years of teaching. I know that it is important for girls to like and respect their teachers, and to feel that teachers are enthusiastic about their fields of expertise, but I didn't know why. Learning about the role of the amygdala in the learning process was like an epiphany for me."

Susan Sammons, Grade 8 Teacher

Immigration to the Canadian Prairies 1873 – 1914

Christine Guyot
and Julie Yan, Grade 6



L-r: Jaunty Morden,
Rebecca Sherbo, Hannah
Stinson, Paige Danowski,
Jacklyn Prendiville

We learned a lot from studying the lives of immigrants. We learned you have to take chances and have a lot of courage to be an immigrant. You have to take that chance of leaving memories, friends, and family.

A lot of people moved to Canada because they could own land, have food and money, respect, religion, etc. The Canadian government offered free land to help "pull" people in. There were also things in their own lands which helped "push" people towards Canada.

We read things in the newspaper and learned it's not over and is still happening today. We role-played. Julie played the role of Bernard Van Ark from the

Netherlands. Christine played the role of Li Lung Chung from China. We looked at copies of things that are in the National Archives of Canada. We kept decision journals to help keep track of information to decide whether the person should become an immigrant or not. We watched Heritage Minutes of immigrants building soddies, and we also created our own posters to attract immigrants.

Mrs. Guyot, Christine's mom, came and told us her saga of escaping from Laos to Thailand as a refugee during the Vietnam War and how she ended up in Canada. Mrs. Guyot passed around pictures of her life.

We learned a lot from this unit by being in someone else's shoes. It would take a lot of courage.

Grade 6 Teacher Mrs. Baker adds:

JoAnn Deak, author of *Girls Will Be Girls* writes, "The most healthy and successful human being is one who can deal with ambiguity, figure out how to negotiate situations where the path or outcome is not clear."

When referring to girls, Dr. Deak wonders, "Do we recognize and use her questions as a way to help her see and think about the complexities of life's situations?"

This unit on immigration addressed these thoughts. Throughout the unit the students were presented with the life stories of potential immigrants, given information about what the immigrants might expect in Canada, and asked to make decisions on their behalf.

“Her” Story Becomes “Their” Story

Laurel McFarlane, Grade 5 Teacher

During the first six weeks of this year, the Grade 5 classes were involved in the inquiry entitled “Notable Women”. The central idea of this inquiry, “the work of women impacts society in a personal and global way,” sparked overall enthusiasm.

Preliminary discussions included a series of student-generated questions ranging from the more obvious ones such as: where and when was the woman born, how does this woman fit the profile of a Primary Years Program (PYP) person, and which attitudes did she reveal as she pursued her goals in life. During these discussions, all students agreed that their own Moms, Aunties and Grandmas were notable as they had impacted their lives in positive and encouraging ways.

The students used resources in the library and Internet on their laptops to research and write their presentations. A team of teachers guided the students in this inquiry and led the students to more sophisticated levels of thinking. By the time their research was completed,

students were personally reflecting their own views in their presentations as to why their woman was notable and what impact she had on society.

Students also read various books on the lives of Canadian women and shared their accomplishments, setbacks and successes. During the course of this inquiry students viewed several videos on women, including one which showed the view points of rural Manitoba farm wives who had been interviewed in the 1990s by Lindor Reynolds.

Lindor Reynolds, well-known Winnipeg Free Press columnist, then visited the Grade 5 classes and reflected on her career, explaining the challenges she has faced and the impact she believes she has had on others.

An exciting part of this inquiry (and part of its assessment) involved having each student represent her notable woman in a dramatic presentation; costumes and props added to this excitement. With



Grade 5 students ‘play the part’ as they dressed for their unit of inquiry on Notable Women.

enthusiasm, confidence and creativity, each student clearly demonstrated why and how her notable woman had impacted the lives of others. In this way, “Her” story became “Their” story.

Have these students gained an insight into how they too, can impact the world in which they live? Have they learned how necessary it is to be committed, flexible and resilient in their personal journeys? Will they become notable women?

Time will tell—but my bet is: Count on it!

A Notable Woman Speaks to Grade 5 Students

Hannah Darrach-Cottick '11

Lindor Reynolds came to BH on January 13th to talk to the Grade 5 classes about her career. Mrs. Reynolds, mother of Katie Reynolds '04, is a journalist for the Winnipeg Free Press. She interviews people by asking them questions and then either goes to her office at work or her office at home to write her column.

She says she really likes to talk to people. She finds every person interesting in a different way. Mrs. Reynolds has interviewed many famous people including Reese Witherspoon, Richard Gere and even Arnold Schwarzenegger. She would often see a movie then interview the main characters.

She absolutely loves her job because she gets to travel all the time. She told us the farthest she has ever been is Tokyo, Japan. Mrs. Reynolds is a notable woman for many reasons. She is enthusiastic, committed, creative and very curious. We were delighted to have her share her experiences with us.

Notable woman Lindor Reynolds of the Winnipeg Free Press spoke to the Grade 5 class in January 2004.



Photographer and Creative Director Speak to Students

Heather Sandhu '06 and Christine Siddall '06

Our Grade 10 Multimedia class has had some great speakers come in and impart real world, priceless knowledge upon us.



Mr. Keith Levit is a professional photographer. He has been taking pictures since he was 18 years old and has produced a magnificent collection of shots from the numerous countries that he has traveled to. He elaborated on his history with photography and explained to us many of his techniques when he spoke to our class.

It was interesting to see how unlimited and enhanced the world of photography can be. Mr. Levit explained the importance of understanding that lighting, angle and positioning are all crucial to a successful photograph. The students really enjoyed the presentation of his images.



Carol Kemp, Creative Director at BCG Communications, led the Grade 10 Multimedia Class through a "hands-on" exercise in the branding, design and layout of a fictitious vegetarian cat food product. The students provided input and ideas for the name ("VEGGIECAT") and packaging design.

Ms Kemp, a graduate of Red River College, also attended the University of Alberta Fine Arts program. She has over 20 years experience in the advertising industry both here and overseas.

New Technology Enhances Biology Projects



Stephanie, Brenna and Ashley McGregor '04

In December, the Senior 4 Biology students had to research a genetic disease and use PowerPoint to present it to the class. From previous years, we had gained the knowledge of how to use PowerPoint, but it was not until this year that we have had the chance to use the Smart Boards recently purchased by BH.

This new equipment resembles a white board, and is connected to a computer.

Similar to an overhead projector, the images and text that are on the computer, are projected onto the Smart Board, thus, it is very effective for presentations. For our purposes, it was especially useful when using the PowerPoint program. The Smart Board allows you to draw directly on the board, with either a specially purposed drawing tool or your finger. Instead of using a chalkboard to solve a math problem or an overhead to show a diagram, these can be directly drawn onto the Smart Board. Anything written or drawn onto the Smart Board can be emailed to the entire class as well as saved to our documents.

The genetic diseases that we each researched were Angelman Syndrome, Tay-Sachs Disease, and Huntington's Disease. For each of these projects, a Punnett square showing how the disease is inherited was required, as well as images, charts and diagrams. All of these

were incorporated into the projects to help teach the class about the diseases.

The Smart Board made the presentation of our PowerPoint projects easier because to bring up the next point or the next slide, all that was needed was a tap on the board. It allowed us to underline or circle key terms while presenting and to write small amounts of additional text on the board. The colours are also more vibrant and the text is clearer than when a presentation is projected onto a white screen.

We now are more familiar with how technology can be used in practical ways. Using technology on a regular basis ensures our ability and proficiency with different programs. Balmoral Hall provides its students with wonderful opportunities and is without doubt, integrating technology into daily classes, thus broadening our knowledge and capabilities.

"I think when someone has had a wonderful experience at BH, they just want to give back to help the School grow."



Jim and Elaine Pigden with daughter Allison '04.

Allison was ready for her first day at BH in Grade 3!

From coaching basketball, to renovating the residence, volunteering for the Parent Association and helping in the student store, Jim and Elaine Pigden have been active members of the BH Family for over 9 years.

And with their daughter, Allison, graduating this year, they become a bit nostalgic when they reflect on their association with BH. "The traditions of BH have been a large part of our experience," explains Elaine. Jim adds, "Academics are important, but I feel the kids who are involved in a wide variety of things are the ones who really benefit from all that BH has to offer."

One thing that will remain in place after Allison graduates is their commitment to the BH Annual Fund. "We give to BH because we believe what goes around, comes around," says

Elaine. "By setting an example, we are hoping to inspire Allison to contribute as well once she is an alumna," she says. Elaine continues, "I think when someone has had a wonderful experience at BH, they just want to give back to help the school grow."

"Supporting the Annual Fund helps the School enhance the experience for others," explains Jim. "Around the building, in the building—the changes at BH provided through the support of annual givers are obvious," he says. Jim concludes, "For a parent, the bottom line is when you have a happy girl coming home who is involved and is a good student—it is obvious she is getting a lot out of her BH experience. That is why we are so supportive of the School."

Providing for the Excellence of Today

BH students enjoy an environment with exceptional teachers, rigorous academics and low student-to-teacher ratios. However, tuition fees do not cover all that we do or dream of doing at Balmoral Hall School.

As we look to the future, we know that a truly great school must rely on support over and above tuition fees if it hopes to maintain its high standards and excel. Contributions to the Annual Fund help pay for the extra programs and materials,

scholarships and financial assistance, school equipment and so much more.

As well as providing an important source of revenue to the School, overall participation in the Annual Fund is a solid indicator of how our closest friends feel about the educational experience offered at BH. We all play a critical role in shaping the future of the girls at BH—please consider making your gift to the 2003-04 campaign today.

If you want to play a significant volunteer role that impacts the education girls at BH receive today and tomorrow, please contact Geneviève Delaquis at (204) 784-1603. Our new team of Annual Fund volunteers will help us kick off the 2004–2005 school year with the most successful campaign yet!

Thank-You!

A big thank you to all who have participated in the Annual Fund this year.

To make your 2003-2004 annual gift before June 30th, please use the enclosed brochure, or donate online at www.balmorallhall.com

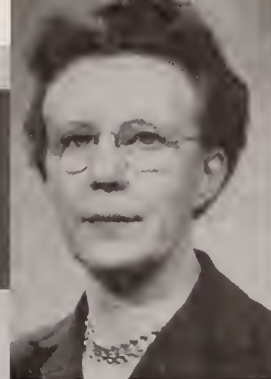
"In the years ahead, the Annual Fund will become the cornerstone of our fundraising efforts."

Elsie M. Bartlett Fund Continues to Grow

Through the efforts of Marianne (Burwood) Hollamby RLS '48, Jennifer R. McQueen RLS '47 and Betty Jo (Ball) Johnston RLS '48, **the Elsie M. Bartlett Scholarship Fund has grown to over \$4,500!** The School awards this scholarship annually to a returning student entering Grade 9. Thank you to all alumnae who have made gifts in Miss Bartlett's name!

The goal is to raise a minimum of \$20,000 in order to endow this fund so that it lives in perpetuity as a tribute to Elsie M. Bartlett. You can direct your next annual gift to this fund by indicating "Elsie Bartlett Fund" on your Annual Fund form.

Aside from annual gifts to this fund, alumnae may wish to consider a bequest through their Will to fulfill a more substantial contribution to Miss Bartlett's fund. For information on this type of a planned gift or to inform BH that you have made a bequest in your Will, please contact Tina Alto, Director of Advancement at (204) 784-1614.



Elsie M. Bartlett, Headmistress of Rupert's Land Girls' School, 1936-1950



Nellie Lucas Fund

Miss Lucas spent most of her career working at BH and its predecessor Rupert's Land School as Secretary to the Headmistress and Registrar. Loved by all, several of her students remained in contact with her long after their graduation.

Upon hearing of Miss Lucas's passing in the spring of 2003 at the age of 94, a new fund was established in her name by alumnae. Thank you to the following donors who have already raised \$1,900 towards the Nellie Lucas Fund:

Janet Harrison Burrell
Ditte (Lansky) Cloutier BH '66
Mary McGiverin Daniher '75
Norma Ferguson
Deirdre Malone BH '67
Linda (Leach) Radcliffe BH '63
Margaret Killick Ramsay
Joanne R. Sutherland BH '63

To direct your annual gift to the Nellie Lucas Fund, please indicate this on the donation form found in the enclosed Annual Fund brochure.

Norma (Davidson) Ferguson RLS '48 writes:

"Please divide this donation equally between the Elsie M. Bartlett and Nellie Lucas Funds. Both of these women contributed greatly to my education and to my enjoyment in obtaining it."



"\$28 every month grew to \$1,000 in no time!"

"Wow! I can't believe it has been three years since I purchased my theatre seat, and now it's paid off. And it did not hurt a bit!

I wanted to contribute something to the School, but on my university student budget it was not easy, so the theatre seat was a great idea. I figured I could handle a monthly payment of \$28.

During my studies, I worked part-time in a small meat shop and now I'm finishing my third year of university and my first year of accounting. Without even knowing it, that \$28 every month grew to \$1,000 in no time!

I am very happy that I had purchased a theatre seat in my name. For me, it was a great investment. I think I'm now going to start saving money for a trip to Mexico for Reading Week!"

Maryet Batenchuk '01

It Looked More Like a Circus Stage than a Gymnasium

Bodies springing through the air, 360 degree rotations in space, inverted forms that viewed the world in topsy-turvy style, shapes balanced in unique formations. This was the Junior Gym during "gymnastics season." And what a season it was!

Our younger students in Junior Kindergarten to Grade 2 explored large apparatus through hanging, swinging, tumbling, climbing and "sticking the landing." The thrilling sound of "Look at me!" could be heard everywhere!

Our "seasoned" Grade 3 and 4 students, veterans to gymnastics at BH, engaged in personal goal-setting as a gymnastics focus. Immersed in the meaningful experience of integrating curriculum with International Baccalaureate (IB) Attitudes, students employed "commitment" and "independence" to gymnastics skill development. Students were invited to goal-set towards improving a gymnastics skill of their choice by completing the following sentences:

I can make a **commitment** to improve at: _____
 I can work **independently**, practicing skills to achieve my goal.
 My **independent** practice plan includes: _____

Nothing short of 100% effort and enthusiasm followed, as each student practiced their personal improvement plan with the diligence and commitment required for achieving success.

We're already looking forward to next year!

Succeeding in Sports



Seen here are the Junior Varsity Volleyball players whose season ended with nine wins and three losses last fall. This standing gave the team a playoff spot where they defeated both Faith Academy and St. Maurice Schools. The team then advanced to the Zone 12 Championships where they won a hard-fought match, taking the fifth set 15-13. In addition to this victory, the Junior Varsity Volleyball team also brought home the Zone 12 Championship Title for the first time since 1993/94!



BH Family Tradition

In 1961, Norman Alexander joined the Board of Governors of Balmoral Hall School and launched a family tradition that has endured for the past 43 years. The proud father of five children, daughters Jennifer '63, Kay '65, Gillian '70, Margot '72 and son John, Norm and wife Juanita saw all four girls enter the hallowed halls of BH. Following this tradition, several grandchildren (girls and boys) passed through the same halls and today, the Alexander family is represented at BH by grandchildren Megan and Rebecca Alexander, and great grandchildren Danielle and Samantha Moreau.

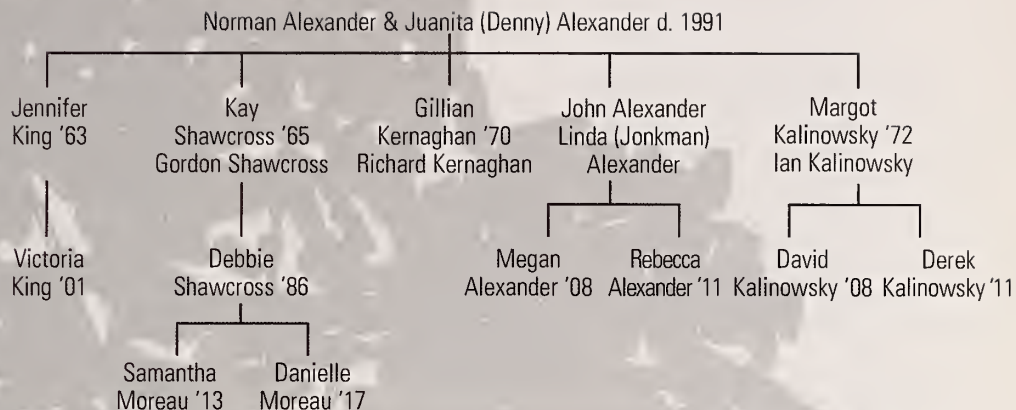
All the while, Norm gave of his time and expertise devoting ten years (1961-68 and 1974-76) of service to the Board. Recently, he shared with his son John thoughts on his years serving BH as a "great time; I used to get in a lot more golf back then."

Norm continued his bond with BH by following his tenure on the Board with a seat on the Advisory Board until February of 2000. Having recently celebrated his 95th birthday, Norm still continues with his generous support and commitment to BH.



All 1st Days of School at BH start in Granny's backyard: Megan Alexander and David Kalinowsky

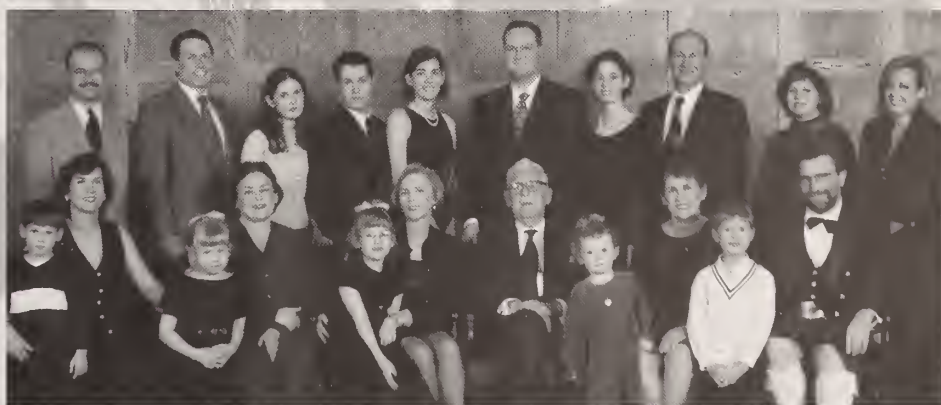
Linda Alexander on the Running Family Joke: "When my eldest daughter Megan was born, Mr. Alexander didn't ask if he had a new grandson or granddaughter, he asked John if he needed the application for BH or for SJR!"



Presentation made to Norm Alexander by Bob Kozminski, in recognition of participation on the Cornerstone Committee of the "Enriching Her Tomorrows" BH Campaign.



First Generation Alexanders – *Back Row:* Gillian Kernaghan, Kay Shawcross, John Alexander, *Front Row:* Jennifer King, Margot Kalinowsky



Alumnae seen in photo:

Back Row: Victoria King '01, Debbie Shawcross '86,
Front Row: Derek Kalinowsky '10, Margot Kalinowsky '72, Rebecca Alexander '11,
Gillian Kernaghan '70, Megan Alexander '08, Jennifer King '63, Norman Alexander, Samantha Moreau '13, Kay Shawcross '65, David Kalinowsky '08
Missing: Danielle Moreau '17 (not yet born at time of photo)

1950s

Ann Brumell '55

I hope things are going well at the School—I was so sorry to miss the Big Celebration but I have been recovering from 2 very unexpected heart attacks and adjusting to the world of the hearing impaired! All this, much before any consideration of retiring from Massey College at the University of Toronto. I'm happy to say that I have recently been elected a Lifelong Senior Fellow at Massey College—a very rare and unexpected honour—and, College Archivist and Patron of the Alum! All sounds 'very old' to me, but it keeps me connected and busy—I've spent many years at the university and shall be returning on a part-time basis to accommodate the 'health changes'. I also keep busy serving on the Board of a Housing Co-operative and other relevant committees. I'm very happy to say that, although the years are getting up there, life keeps me very busy! I miss the Winnipeg winter snow and bright, sunny skies! I know not many would say they miss that, but it holds as a very vivid memory of my childhood. I remember tobogganing down the river bank. I also remember getting my tongue stuck on an outdoor knob and having Miss Lucas—the then secretary to the Principal—calling for help and some room temperature water to help release my tongue! Never did that one again! All the very best—and thank you for caring enough to stay in touch with us.

Maureen (Ford) Coleman '59

Since retiring from my teaching career in 1995, I have enjoyed doing some supply teaching as well as traveling with my husband in our R.V. We have

been to many U.S. states as well as most provinces. Newfoundland has been a real favourite with such friendly people, different scenery and seafood. In the winter, we have gone on a cruise with destinations to warm up your blood. Swimming at a near-by pool as well as summer gardening has helped to keep me active. I would love to hear from girls that were at BH from '51–'57. I have joined the Email Directory so look me up! A special hello to Lyn Stephen '57 and her work in the archives.

1960s

Anne (Sellers) Harvey '62

I would like to thank everyone involved in the opening of the new Stepping Stones Junior Library. The library looks wonderful and we are thrilled that it is now completed and being used to benefit the Junior School. My sister and I thoroughly enjoyed all the performances by the various groups of Junior School. It was great fun and we appreciate all the hard work put into the special event. I enjoyed meeting everyone and being back at Balmoral Hall.

1980s

Cory (Coughlin) Humble '81

This past year has been very busy for me. My fiancé, David and I built a house and moved in this past spring. It was time consuming but the end product is well worth it! David and I were married July 3rd in Calgary, my home for the past fifteen years. I have two stepsons, Payton (9) and Benjamin (6). Wow, ready-made family! I would love to hear from my classmates. Look for me on the Email Directory!

Heather (MacGregor) Taylor '83

I just wanted to send you a little note of thanks. I appreciate the help from the Alumnae Office in putting me back in touch with Nancy (Abbott) Patus. Nancy and I were very good friends in school and I was so sorry when we lost touch over the years. I am married and have two children Cassie (20) and Justin (18). We reside in Saskatchewan and I would be interested in hearing from past classmates!

Carolyn (Seale) Scholz '86

I (finally) completed my M.Sc. in Clothing and Textiles in 2001, corresponding with the University of Manitoba long distance from my home in Waterdown, Ontario. It was a great thrill for me to present the results of my thesis at EASYTEX: the 1st International Conference on Clothing and Textiles for the Disabled and Elderly in Tampere, Finland in June 2002. Since then, I have worked part-time as a media researcher with a market research firm, and also as an editorial assistant with Inside Fashion, an industry newsletter based in Oakville. And of course caring for Will (5) and April (8). I had a great time at the reunion, and would love to hear from my classmates!

Kim (Westdal) Appelt '94

"Hello to all the BHers. Just a brief update and gossip! After I graduated in 1994, I finished two degrees at the University of Manitoba (BPE & BEd), and shortly after moved west in search of warmth, ocean and career opportunities. I found everything I wanted, including my future husband, that as it turns out I had known for years in Winnipeg and was now living in Vancouver! Well it was love at first sight and we were engaged a year later and married in Winnipeg in November 2002. (If anyone needs a wedding planner my mother was fantastic!). During my three years in Vancouver I was working for Bristol-Myers Squibb Canada as a Medical Representative and have continued to do so here in Winnipeg. My husband Greg and I have returned to Winnipeg for the year so that he can complete a fellowship in Pediatric Allergy Immunology at HSC. In June next year, we will return to Vancouver to stay! Hope to catch up with some of you in May at the ten year reunion for the class of '94!"

Kristin Westdal '98

"I started an eco-tourism operation two years ago in Churchill, Manitoba, taking tourists out in kayaks to view

1990s

**The Class of 1994
is celebrating
its Ten Year
Reunion!**

**Plans are underway
for a fall weekend filled
with laughs and lots of time
to catch up! You can expect
to hear from your class reps
Megan and Kim soon
regarding events
and plans.**

the beauty of the north and especially the 3 thousand beluga whales that inhabit the area in the summer. It's a once in a life time experience... come on up and check it out! My website is www.kayakchurchill.com

Alana Miller '98



"Hello fellow BHers! Since December, I have been playing on the international squash tour and it has been quite an experience. In the last few months, my ranking has improved from 136 in the world to 62 with my best tournament result in Pittsburgh earlier this year where I reached the semi-finals. So far, my tournaments have taken me to Hong Kong, New York, Washington, Pittsburgh, Montreal, Toronto and Ottawa. I'm really enjoying playing squash full time and have made many friendships."

Alumnae...Join Us!

Friday, May 7
Alumnae Assembly & Welcome to the Class of 2004 – 11 am

Wednesday, May 26
Doll Assembly – 2:30 pm

Wednesday, June 16
Closing Exercises & Garden Party – 1 pm

Sarah Young '98



Sarah came back to the School to visit the BH Family while in Winnipeg on Reading Week. She is in her 2nd year at the University of North Dakota, School of Law. This summer she will be working as a Summer Student Attorney at the Clinical Education Program.

Minori Kuroishi '99

I just got the most recent BH magazine, how lovely! This is my last semester at Simon Fraser University. I am working as a research assistant for one of the professors again, but this time I really like the job because she is asking me to do all the graphic design and layout of the book she is going to publish. I am applying to Parsons School of Design and Fashion Institute of Technology in New York to get another degree. I can finally study what I love—Graphic Design. I'm really missing Winnipeg after seeing the magazine!

Jill Voth '99

I am at the U of Manitoba taking psychology right now and working in a related field. I'm getting married this August. I'd love to hear from any former classmates (I'm not just saying that) that I haven't heard from in a while.

2000s

Hello from Acadia University!



BH alumnae studying in Nova Scotia gather for a photo. (l-r) Sarah Coates '00, Anna AbouZeid '01, Erin Mitchell '02, Ashley Zajac '02 and Caroline Monnin '02. Missing from the photo is Acadia student Elizabeth McFadden '01 who is living in France for the year.

Lucia Gonzalez Botello '03



Lucia was featured in the magazine *Actual* as the first Mexican to be presented in the legendary Hotel Crillon Debutante Ball. Among others at the dance with Lucia were princesses and rich heiresses like the daughter of Donatella Versace (Allegra) and the daughter of renowned American actor Kevin Costner. Lucia is not letting all of this exposure go to her head; she is still planning to continue with a post-secondary education. "My plans are to study art, my family has given me a taste for the arts. I would also like to learn about interior design." Best of luck to Lucia!

Alexandra & Cady Jessiman (Class of 2012 & 2014)



Alexandra and Cady Jessiman enjoyed a nice visit with Mrs. Sumerlus and Ms McGhie during their residence recruiting trip to Barbados last fall. Both girls are doing very well. Alexandra is presently busy with her midterm exams. Both send a fond hello to BH.

Care Packages to the Class of 2003



This year the class of 2003 was treated to a spring care package! The care package is intended to reach our most recent Alumnae around exam time for those who are in school as well as a kind "hello" to all!

Jane Polak Scowcroft '03

"Thank you so much for the care package! That was an extremely thoughtful and caring touch—makes me proud to be a BH grad."

Editors' Note

Friends and past classmates can find many other alums on the Alumnae Email Directory at www.balmoralhall.com

Peace

**Ruth (Wood) Whiteway
RIV '37**

Ruth passed away unexpectedly in May, 2003 at her long-time family home in Toronto. After graduating from Riverbend in 1937, she studied at the University of Manitoba, graduating with a degree in Home Economics in 1940. Her son Jim writes, "My mother always had fond and loving memories of her Riverbend School as well as her university days, and would often share her experiences with me. The good teachings of Riverbend and U of M were exemplified in her life's work as a consummate mother, wife, homemaker and all-around very loving and honest human being. Happily the years had not diminished her and she remained an active and vital person in all respects right to the very last moments of her life."

Enid (Hoover) Day RLS '41
Peacefully in her sleep at the age of 81, Enid passed away on July 1, 2003. She attended Rupert's Land and had been receiving The Portal on a regular basis. She was most interested in keeping abreast of the various projects the students were involved in.

Brenda Howat '61
Brenda was born and raised in Winnipeg and worked in Child Guidance Clinics in Winnipeg schools. Brenda worked with children with emotional behavior disorders and brought humour, wisdom, competency, skill and compassion to her work. She encouraged, supported and inspired many and generously gave of her time, talent and resources. May a portion of Brenda's integrity and love live on in all those whose lives she touched.

**Kathleen (Glover) Williams
RLS '44**
Peacefully in March, 2003 Kathleen passed away after a brief illness. She leaves to cherish her memory, her loving husband of 53 years, Frank, four children and several grandchildren. Kathleen was born in Winnipeg in 1926. Many

happy summers were spent at Victoria Beach growing up and later with her own family. She graduated from the Winnipeg General Hospital School of Nursing in 1948, pursuing her career until the arrival of her children. Her most precious times were spent with her family, frequent family dinners being her most treasured times. A devoted wife, mother and grandmother, she was very proud of her family, with her grandchildren holding a special place in her heart.

**Marilyn (McIvor) Wylie
RLS '42**
Marilyn had a wonderful life. She and Ian had three daughters, who, in Marilyn's last months, organized, both personal and medical care for their mum. Marilyn died in the comfort of her Scotland home surrounded by those she loved. Born in Calgary, she was brought up in Winnipeg when her father was appointed to the post of Chairman of The Canadian Wheat Board. Marilyn had an enormous thirst for knowledge with a particular passion for history. She attended St. John's College University of Manitoba where she studied History.

**Margaret Jean
(McWilliams) Kilgour
RLS '32**

It is with great sadness that we announce the peaceful passing of Jean Kilgour on November 26, 2003 at the Riverview Health Centre. Jean was a very spiritual and loving woman who lived for her family and friends. She will be sorrowfully missed by many including her daughters Rosemary (Kilgour) Fisher RIV and Diana Kilgour '66.

**Cecilia (Campbell)
Wallace Feilde RLS '27**
Cecilia passed away peacefully in March 2004 in her 95th year. Born in Winnipeg, she graduated from Rupert's Land Ladies College and was married in Woodroffe, ON in 1940. She then returned to Winnipeg where she spent the rest of her life with her husband Denis. They became active and devoted members of St. Aidan's Anglican Church and Cecilia was a faithful member of the Women's Auxiliary.

Performing Arts at BH

The Middle School Performing Arts Program encompasses drama, voice and dance. Performing Arts enables students to develop skills in all areas relevant to theatrical performance, and enriches other subject areas by drawing upon a variety of sources, topics and themes. Students learn style, technique, and performance skills. This year, Middle School produced *Once on This Island Jr.*

Senior School Musical Theatre Production is designed in a spiral fashion, the general learning goals are repeated at each level. However, as students return to a concept or skill, at each grade level mastery is increased and learning is enhanced, refined and deepened. Girls develop and expand interpersonal and collaborative skills, develop and enhance performance skills

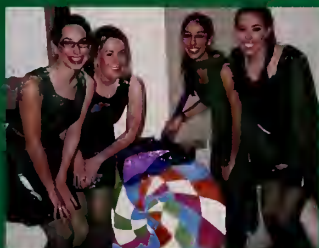
for musical theatre, understand the elements of musical theatre, understand and participate in the technical aspects of theatrical production and understand the development of the musical theatre idiom in North America. This year, Senior School produced *The Wizard of Oz.*

BH Presents...

Once on This Island Jr.



The Wizard of Oz





Balmoral Hall is leading contemporary
all-girls school in excellence in a
tradition of academic excellence

M e l i o r a P e t e n s

We educate, nurture and empower
our girls and young women to achieve
their potential here